



## TRAVEL ADVICE

If you are travelling abroad you should consult with an appropriate health care clinician to find out which vaccinations you may need.

Ideally this should be at least 3 months before you travel. Do not leave it until the week before you go as vaccines take 7 – 10 days to be effective.

Some vaccines will be available on the NHS but others are not.

Your GP cannot give the following vaccines on the NHS:

- Hepatitis B
- Japanese Encephalitis
- Meningococcal
- Rabies
- Tick Borne Encephalitis
- Yellow Fever

The Practice does not have the facilities to give specialist advice on non NHS vaccines. Specialist travel advice is available from:

Lisburn Travel Clinic  
Level 2  
Lisburn Health Centre  
Linenhall Street  
LISBURN  
BT28 1LU  
Tel: 028 9250 1281  
[www.lisburntravelclinic.co.uk](http://www.lisburntravelclinic.co.uk)

Lisburn Travel Clinic provides vaccines, immunisations and expert medical advice on all travel-related health issues. Whether you are a patient of the practice, a resident of or a visitor to Northern Ireland, this service is available to you.

**Patients cannot be charged for the supply, advice or administration of the following NHS vaccines: Diphtheria, Tetanus, Polio, Typhoid and Hepatitis A.**

General travel advice may be sought from the following websites:

[www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)

[www.travelhealthpro.org.uk](http://www.travelhealthpro.org.uk)